

March 2018 Menu for Community Cafés, Meals on Wheels & 3D Catering

BAFS menu

March 1, 2018

Thursday

Pasta Primavera

Green Beans
Wheat Bread
Dessert

March 2, 2018

Friday

Chicken and Scalloped Potatoes
Peppers, Onions and Turkey Bacon
Wheat Bread
Dessert

March 5, 2018

Monday

Chicken Florentine
Orange Flavored Rice
Carrots and Zucchini
Wheat Bread
Dessert

March 6, 2018

Tuesday

Turkey and Rice with Cheese Sauce
Corn and Black Beans
Wheat Bread
Dessert

March 7, 2018

Wednesday

Chicken with Red Wine and Herb Sauce
Lynonnaise Potatoes
Sliced Zucchini
Wheat Bread
Dessert

March 8, 2018

Thursday

Beef and Cabbage Rolls
Diced Red Skinned Potatoes
Peas and Carrots
Wheat Bread
Dessert

March 9, 2018

Friday

Shells and Cheese
Peas
California Veggie Blend
Wheat Bread
Dessert

March 12, 2018

Monday

Pork With Apple Onion Sauce
Cranberry and Lentil Rice
Caribbean Blend Vegetables
Wheat Bread
Dessert

March 13, 2018

Tuesday

Fish Newburg
Mashed Potatoes
Peas and Carrots
Wheat Bread
Dessert

March 14, 2018

Wednesday

Sliced Ham and Pineapple
Mashed Sweet Potatoes
Corn
Dessert

March 15, 2018

Thursday

Spaghetti with Italian Turkey Sausage
Sliced Zucchini and Spinach
Wheat Bread
Dessert

March 16, 2018

Friday

Orange Glazed Chicken
Fried Rice
Peas and Cauliflower
Wheat Bread
Dessert

March 19, 2018

Monday

Pineapple Teriyaki Chicken
Brown Rice
Peas
Carrots
Wheat Bread
Dessert

March 20, 2018

Tuesday

Creamy Chicken and Wild Rice Casserole
Carrots and Broccoli
Wheat Bread
Dessert

March 21, 2018

Wednesday

Pulled Pork
Mashed Sweet Potatoes
Corn
Wheat Bread
Dessert

March 22, 2018

Thursday

Sweet and Sour Meatballs
Sesame Vegetable Rice
Green Beans
Wheat Bread
Dessert

March 23, 2018

Friday

Cheese and Beef Macaroni
Mixed Vegetables
Wheat Bread
Dessert

March 26, 2018

Monday

Beef Goulash with Elbow Macaroni
Sliced Zucchini
Wheat Bread
Dessert

March 27, 2018

Tuesday

Pork Fried Rice
Shredded Pork Loin
Asian Vegetables
Wheat Bread
Dessert

March 28, 2018

Wednesday

Pasta Primavera
Green Beans
Wheat Bread
Dessert

March 29, 2018

Thursday

Chicken and Scalloped Potatoes
Peppers, Onions and Turkey Bacon
Wheat Bread
Dessert

March 30, 2018

Friday

Chicken Picatta
Rice Pilaf
Green Beans and Cauliflower
Wheat Bread
Dessert

Suggested donation of \$4.00 for age 60 and older Community Café AND Meals on Wheels clients. Additional donations are greatly appreciated.
SEATING AT COMMUNITY CAFES IS BY RESERVATION ONLY. PLEASE SEE BACK FOR RESERVATION PHONE NUMBER

CORINNA -

Corundel Commons
14 Hill St.
Tues-noon-924-2040

LINCOLN -

Lake View Senior Living
20 Main St.
Tues & Thurs-noon-403-7300

DEXTER -

Dexter Town Hall Comm. Ctr.
10 Hall St.
Tues & Thurs-noon-924-3458

GREENVILLE -

Dean Park Housing
30 Murray St.
Tues & Thurs-11:30 AM-695-3844

MILO

3 River's Kiwanais Bldg.
Tues—11:30 AM—943-3138

PATTEN—

Pentecostal Church
102 Main St.
Last Mon. of month-noon-548-2641

DOVER

Morton Ave. School
Mon -943-2488
Closed at this time

CALAIS -

Palmer Lane Est.
72 Palmer Lane
Mon, Thurs11:30 AM-454-2215

MACHIAS

Ctr. Street Congo Church
9 Centre St.
Tuesday-noon-255-6665

LUBEC

Sunrise Apts.
5 Emery Circle
Tues & Thurs - noon-454-2215

FRANKLIN

Pinebrook Apts.
10 Pinebrook Rd
Tues-noon- 65-3382

PENOBSCOT

1st Methodist Church
14 Southern Bay Rd (Rt175)
Mon-11:30 AM-326-8920

BUCKSPORT

Bucksmills Rod & Gun Club
370 Bucksmills Rd.
Thurs-noon—469-2388
CLOSED NOV-APRIL

LAMOINE

Baptist Church
24 Lamoine Beach Rd.
1st and 3rd Wed—noon- 669-6395
(Temporarily closed)

BROOKSVILLE

Townhouse Coastal Rd
Thurs—noon—326-8864

It takes many **volunteers** to enable the programs of EAAA to exist. Without our volunteers, we could not provide the support that we do. **Call 941-2865 to learn what volunteer opportunities exist.**



WELCOME HOME!

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Winterberry Heights feels like home, with the additional services you need! Monthly rent includes: Three delicious, chef-prepared daily meals; 24-hour caring health staff; safety call system in every suite; weekly housekeeping/linen Service s scheduled local transportation; planned activities, and so much more!