

June 2018 Menu for Community Cafés, Meals on Wheels & 3D Catering

BAFS

June 1, 2018

Friday

Orange Glazed Chicken
Fried Rice
Peas and Cauliflower
Wheat Bread
Dessert

June 4, 2018

Monday

Fish Newburg
Mashed Potatoes
Peas and Carrots
Wheat Bread
Dessert

June 5, 2018

Tuesday

Chicken Pot Pie
Broccoli Cuts
Wheat Bread
Dessert

June 6, 2018

Wednesday

**Spaghetti
with Italian Turkey Sausage**
Sliced Zucchini and Spinach
Wheat Bread
Dessert

June 7, 2018

Thursday

Chicken Florentine
Orange Scented Rice
Carrots and Zucchini
Wheat Bread
Dessert

June 8, 2018

Friday

Caribbean Mango Pork
Brown Rice and Black Beans
Caribbean Blend Vegetables
Wheat Bread
Dessert

June 11, 2018

Monday

Creamy Chicken
Roasted Red Potatoes
Carrots and Broccoli
Wheat Bread
Dessert

June 12, 2018

Tuesday

Pulled Pork
Mashed Sweet Potatoes
Corn
Wheat Bread
Dessert

June 13, 2018

Wednesday

**Garden Vegetable
Cheese Ravioli**
Mixed Vegetables
Wheat Bread
Dessert

June 14, 2018

Thursday

Cheese and Beef Macaroni
Mixed Vegetables
Wheat Bread
Dessert

June 15, 2018

Friday

Pineapple Teriyaki Chicken
Brown Rice
Peas
Carrots
Dessert

June 18, 2018

Monday

Sweet Thai Style Chicken
Rice
Vegetable Medley
Wheat Bread
Dessert

June 19, 2018

Tuesday

Sliced Turkey with Gravy
Mashed Potatoes
Peas and Carrots
Wheat Bread
Dessert

June 20, 2018

Wednesday

Pork With Apple Onion Sauce
Cranberry and Lentil Rice
Caribbean Blend Vegetables
Wheat Bread
Dessert

June 21, 2018

Thursday

Pasta Primavera
Green Beans
Wheat Bread
Dessert

June 22, 2018

Friday

Chicken and Scalloped Potatoes
Peppers, Onions and Turkey Bacon
Wheat Bread
Dessert

June 25, 2018

Monday

Orange Glazed Chicken
Fried Rice
Peas and Cauliflower
Wheat Bread
Dessert

June 26, 2018

Tuesday

Turkey and Rice with Cheese Sauce
Corn and Black Beans
Wheat Bread
Dessert

June 27, 2018

Wednesday

**Chicken with Red Wine
and Herb Sauce**
Roasted Red Skinned Potatoes
Sliced Zucchini
Wheat Bread
Dessert

June 28, 2018

Thursday

Beef and Cabbage Rolls
Diced Red Skin Potatoes
Peas and Carrots
Wheat Bread
Dessert

June 29, 2018

Friday

Shells and Cheese
Peas
California Veggie Blend
Wheat Bread
Dessert

Suggested donation of \$4.00 for age 60 and older Community Café AND Meals on Wheels clients. Additional donations are greatly appreciated.
SEATING AT COMMUNITY CAFES IS BY RESERVATION ONLY. PLEASE SEE BACK FOR RESERVATION PHONE NUMBER

CORINNA -

Corundel Commons
14 Hill St.
Tues-noon-924-2040

LINCOLN -

Lake View Senior Living
20 Main St.
Tues & Thurs-noon-403-7300

DOVER

Morton Ave. School
Mon -943-2488

Closed at this time

DEXTER -

Dexter Town Hall Comm. Ctr.
10 Hall St.
Tues & Thurs-noon-924-3458

GREENVILLE -

Dean Park Housing
30 Murray St.
Tues & Thurs-11:30 AM-695-3844

MILO

3 River's Kiwanais Bldg.
Tues—11:30 AM—943-3138

PATTEN—

Pentecostal Church
102 Main St.
Last Mon. of month-noon-548-2641

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102 Main St.
Last Mon. of month-noon-548-2641

CALAIS -

Palmer Lane Est.
72 Palmer Lane
Mon, Thurs11:30 AM-454-2215

MACHIAS

Bluebird Rest. Dine Around (hosts)
78 Main Street
3rd Mon of each month—11:00
255-6665

LUBEC

Sunrise Apts.
5 Emery Circle
Tues & Thurs - noon-454-2215

MEDICARE 101 CLASSES

FREE educational classes about Medicare and choices you have.

[Call 207-941-2865 to register](tel:207-941-2865)

June 8, 2018—Friends in Action, Ellsworth
8:30 AM—10:30 AM

June 13, 2018—Calais Methodist Homes
10:00 AM—Noon

June 15, 2018—Sullivan Town Office
10:00 AM—noon

FRANKLIN

Pinebrook Apts.
10 Pinebrook Rd
Tues-noon- 65-3382

PENOBSCOT

1st Methodist Church
14 Southern Bay Rd (Rt175)
Mon-11:30 AM-326-8920

LAMOINE

Baptist Church
24 Lamoine Beach Rd.
1st and 3rd Wed—noon- 669-6395
(Temporarily closed)

BROOKSVILLE

Townhouse Coastal Rd
Thurs—noon—326-8864

It takes many **volunteers** to enable the programs of EAAA to exist. Without our volunteers, we could not provide the support that we do.
Call 941-2865 to learn what volunteer opportunities exist.

EAAA Community Cafes. Please call for a reservation by 9 am the day prior.



WELCOME HOME!

Winterberry Heights
Assisted Living & Memory Care

932 Ohio St., Bangor, ME 04401

Winterberry Heights feels like home, with the additional services you need! Monthly rent Includes: Three delicious, chef-prepared daily meals; 24-hour caring health staff; safety call system in every suite; weekly housekeeping/linen Service s scheduled local transportation; planned activities, and so much more!