

August 2017 EAAA Community Café

Deer Isle

	August 1, 2017 Tuesday CLOSED	August 2, 2017 Wednesday BBQ Chicken Macaroni Salad Cucumber Salad Roll Brownie	August 3, 2017 Thursday Spaghetti with Meat Sauce Green Beans Garlic Roll Fruit	August 4, 2017 Friday CLOSED
August 7, 2017 Monday Cheeseburger Pie Green Beans Roll Pudding	August 8, 2017 Tuesday Scalloped Tuna and Peas over Rice Broccoli Lemon Square	August 9, 2017 Wednesday Meatloaf with Gravy Potato Green Beans Bread Cake	August 10, 2017 Thursday Baked Ham Mashed Potatoes Corn and Carrots Bread Gingerbread	August 11, 2017 Friday CLOSED
August 14, 2017 Monday Cook's Choice	August 15, 2017 Tuesday Vegetable Soup and Crackers Chicken Salad Sandwich Brownie	August 16, 2017 Wednesday Macaroni and Cheese Scalloped Tomatoes Bread Fruit	August 17, 2017 Thursday Roast Turkey with Gravy Mashed Potato Peas Bread Pudding	August 18, 2017 Friday CLOSED
August 21, 2017 Monday Sloppy Joes Salad Fruit	August 22, 2017 Tuesday Chicken Divan Rice California Blend Vegetables Bread	August 23, 2017 Wednesday Shepherd's Pie Corn Roll Gelatin	August 23, 2017 Thursday Lasagna Green Beans Biscuit Fruit	August 24, 2017 Friday CLOSED
August 28, 2017 Monday Corn Chowder Grilled Cheese 3 Bean Salad Cookie	August 29, 2017 Tuesday Pepper Steak Scalloped Potatoes Corn Fruit	August 30, 2017 Wednesday Chicken Tetrazzine Peas Bread Pudding	August 31, 2017 Thursday Baked Beans Hot Dogs Cole Slaw Bread Cake	

All meals are served with reduced fat milk. Some foods may contain MSG. Menu is subject to availability of item.

Cost is \$4.00 per meal for everyone under age 60.

Suggested donation of \$4.00 for age 60 and older Community Café clients. Additional donations are greatly appreciated.
SEATING AT COMMUNITY CAFES IS BY RESERVATION ONLY. PLEASE SEE BACK FOR RESERVATION PHONE NUMBER

EAAA Community Cafes. Please call for a reservation **by 9 am the day prior.**

BROOKSVILLE

Townhouse
Thurs - 326-8864

DEER ISLE - Deer Run
Apts
Mon thru Fri - 348-6879

SEDGWICK - Benjamin's
Pantry
Wednesday - 359-2716

STONINGTON - Island
Community Center
Wed - 367-2735



EAAA's Community Services Department

Community Services Specialists assist seniors with filling out forms in order to receive additional benefits and educate them on all the available services and programs in their areas.

Information and Assistance staff discusses which services would be most beneficial. A referral may be made to an EAAA Community Services Specialist.

State Health Insurance Assistance Program (SHIP) helps people understand their Medicare benefits and other health insurances.

Medicare Part D assistance and education is provided to seniors who need help deciding on and enrolling in a drug plan.

ADRC, Aging and Disability Resource Center provides services, community referrals and resources to seniors and adults who are living with a disability. We work closely with other agencies to ensure that the clients' needs are met.



WELCOME HOME!

Winterberry Heights
Assisted Living & Memory Care

932 Ohio St., Bangor, ME 04401

Winterberry Heights feels like home, with the additional services you need!

Monthly rent includes:

Three delicious, chef-prepared daily meals; 24-hour caring health staff; safety call system in every suite; weekly housekeeping/linen service; scheduled local transportation; planned activities, and so much more!

Call now for your complimentary meal & personal tour! 207-942-6002