

# September 2017 EAAA Community Café

## Deer Isle

<b>September 4, 2017</b> <b>Monday</b> <b>CLOSED in Observance of Labor Day Holiday</b>	<b>September 5, 2017</b> <b>Tuesday</b> <b>Corn Chowder</b> Chicken Salad Sandwich Pickled Beets Pears	<b>September 6, 2017</b> <b>Wednesday</b> <b>Fish Sticks</b> Scalloped Potatoes Harvard Beets Corn Bread Pudding	<b>September 7, 2017</b> <b>Thursday</b> <b>Meatloaf Gravy</b> Mashed Potatoes Peas Bread Cake	<b>September 8, 2017</b> <b>Friday</b> <b>CLOSED</b>
<b>September 11, 2017</b> <b>Monday</b> <b>Cheeseburger Deluxe</b> Potato Wedges Salad Brownie	<b>September 12, 2017</b> <b>Tuesday</b> <b>BBQ Chicken</b> Potato Salad Salad Muffins Fruit	<b>September 13, 2017</b> <b>Wednesday</b> <b>Chuckwagon Beans</b> Carrot Raisin Salad Brown Bread Fruit Gelatin	<b>September 14, 2017</b> <b>Thursday</b> <b>Chop Suey</b> Green Beans Bread Gingerbread	<b>September 15, 2017</b> <b>Friday</b> <b>CLOSED</b>
<b>September 18, 2017</b> <b>Monday</b> <b>Cook's Choice</b>	<b>September 19, 2015</b> <b>Tuesday</b> <b>Pot Roast</b> Mashed Potatoes Carrots Biscuit Pudding	<b>September 20, 2017</b> <b>Wednesday</b> <b>Vegetable Soup</b> Ham Salad Sandwich Apple Crisp	<b>September 21, 2017</b> <b>Thursday</b> <b>Baked Chicken</b> Scalloped Potatoes California Blend Vegetables Biscuit Peaches	<b>September 22, 2017</b> <b>Friday</b> <b>CLOSED</b>
<b>September 25, 2017</b> <b>Monday</b> <b>Tuna Noodle Casserole</b> Carrots and Peas Cookie	<b>September 26, 2017</b> <b>Tuesday</b> <b>Spinach Lasagna</b> Green Beans Garlic Bread Gelatin	<b>September 27, 2017</b> <b>Wednesday</b> <b>Chicken Divan</b> Rice Peas Muffin Strawberry Shortcake	<b>September 28, 2017</b> <b>Thursday</b> <b>Baked Ham</b> Mashed Potatoes Corn Bread Pudding	<b>September 29, 2017</b> <b>Friday</b> <b>CLOSED</b>

All meals are served with reduced fat milk. Some foods may contain MSG. Menu is subject to availability of item.

Cost is \$4.00 per meal for everyone under age 60.

Suggested donation of \$4.00 for age 60 and older Community Café clients. Additional donations are greatly appreciated.  
**SEATING AT COMMUNITY CAFES IS BY RESERVATION ONLY. PLEASE SEE BACK FOR RESERVATION PHONE NUMBER**

EAAA Community Cafes. Please call for a reservation **by 9 am the day prior.**

**BROOKSVILLE**

Townhouse  
Thurs - 326-8864

**DEER ISLE** - Deer Run  
Apts  
Mon thru Fri - 348-6879

**SEDGWICK** - Benjamin's  
Pantry  
Wednesday - 359-2716

**STONINGTON** - Island  
Community Center  
Wed - 367-2735



**EAAA's Community Services Department**

Community Services Specialists assist seniors with filling out forms in order to receive additional benefits and educate them on all the available services and programs in their areas.

Information and Assistance staff discusses which services would be most beneficial. A referral may be made to an EAAA Community Services Specialist.

State Health Insurance Assistance Program (SHIP) helps people understand their Medicare benefits and other health insurances.

Medicare Part D assistance and education is provided to seniors who need help deciding on and enrolling in a drug plan.

ADRC, Aging and Disability Resource Center provides services, community referrals and resources to seniors and adults who are living with a disability. We work closely with other agencies to ensure that the clients' needs are met.



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