

February 2018 Menu for Community Cafés, Meals on Wheels & 3D Catering

J Group

February 1, 2018

Thursday

Pasta Primavera
Green Beans
Wheat Bread
Dessert

February 2, 2018

Friday

Chicken and Scalloped Potatoes
Peppers, Onions and Turkey Bacon
Wheat Bread
Dessert

February 5, 2018

Monday

Chicken with Red Wine
ans Herb Sauce
Lyonnaisse Potatoes
Sliced Zucchini
Wheat Bread
Dessert

February 6, 2018

Tuesday

Turkey and Rice with Cheese Sauce
Corn and Black Beans
Wheat Bread
Dessert

February 7, 2018

Wednesday

Beef and Cabbage Rolls
Diced Red Skin Potatoes
Peas and Carrots
Wheat Bread
Dessert

February 8, 2018

Thursday

Shells and Cheese
Peas
California Veggie Blend
Wheat Bread
Dessert

February 9, 2018

Friday

Chicken Florentine
Orange Flavored Rice
Carrots and Zucchini
Wheat Bread
Dessert

February 12, 2018

Monday

Fish Newburg
Mashed Potatoes
Peas and Carrots
Wheat Bread
Dessert

February 13, 2018

Tuesday

Chicken Pot Pie
Broccoli Cuts
Wheat Bread
Dessert

February 14, 2018

Wednesday

Spaghetti
with Italian Turkey Sausage
Sliced Zucchini and Spinach
Wheat Bread
Dessert

February 15, 2018

Thursday

Orange Glazed Chicken
Fried Rice
Peas and Cauliflower
Wheat Bread
Dessert

February 16, 2018

Friday

Pork With Apple Onion Sauce
Cranberry and Lentil Rice
Caribbean Blend Vegetables
Wheat Bread
Dessert

February 19, 2018

Monday

Creamy Chicken
and Wild Rice Casserole
Carrots and Broccoli
Wheat Bread
Dessert

February 20, 2018

Tuesday

Pulled Pork
Mashed Sweet Potatoes
Corn
Wheat Bread
Dessert

February 21, 2018

Wednesday

Garden Vegetable
Cheese Ravioli
Mixed Vegetables
Wheat Bread
Dessert

February 22, 2018

Thursday

Cheese and Beef Macaroni
Mixed Vegetables
Wheat Bread
Dessert

February 23, 2018

Friday

Pineapple Teriyaki Chicken
Brown Rice
Peas
Carrots
Dessert

February 26, 2018

Monday

Chicken Picatta
Rice Pilaf
Green Beans and Cauliflower
Wheat Bread
Dessert

February 27, 2018

Tuesday

Sliced Turkey with Gravy
Mashed Potatoes
Peas and Carrots
Wheat Bread
Dessert

February 28, 2018

Wednesday

Pork Fried Rice
Shredded Pork Loin
Asian Vegetables
Wheat Bread
Dessert

Pasta Primavera
Green Beans
Wheat Bread
Dessert

Chicken & Scalloped Potatoes
Peppers, Onions & Turkey Bacon
Wheat Bread
Dessert

Suggested donation of \$4.00 for age 60 and older Community Café AND Meals on Wheels clients. Additional donations are greatly appreciated.

SEATING AT COMMUNITY CAFES IS BY RESERVATION ONLY. PLEASE SEE BACK FOR RESERVATION PHONE NUMBER

EAAA Community Cafes. Please call for a reservation by 9 am the day prior.

BUCKSPORT - Bucksmills
Rod & Gun — Thursdays
469-2388
CLOSED NOV-MAR

CALAIS - Palmer Lane Est.
Mon, Wed - 454-2215

CORINNA - Corundel
Commons
Tues - 924-2040

DEXTER - Dexter Town Hall
Community Center
Tues & Thurs - 924-3458

DOVER - Morton Ave.
School
Mon - 943-2488

FRANKLIN - Pinebrook
Apts.
Tues - 565-3382

GREENVILLE - Dean Park
Housing
Tues & Thurs - 695-3844

BROOKSVILLE—
Townhouse
Thurs—326-8864

JONESPORT - Gaelic
Square Apartments
Tues & Thurs - 497-5689

LAMOINE - Baptist
Church
1st and 3rd Wed
669-6395

LINCOLN - Lake View
Senor Apartments
Tues & Thurs
403-7300

LUBEC - Sunrise Apts.
Tues & Thurs - 454-2215

MACHIAS -Centre Street
Congregational Church
Tuesday - 255-6665

MILO - 52 Sargent Hill
Drive, Milo
1st Wed of each month
943-2488

NEWBURGH - New-
burgh Town Hall 3rd.
Wednesday 6 PM 356
-1528

PATTEN - Patten Pen-
tecostal Last
Monday of each month
- 548-2641

PENOBSCOT -Methodist
Church
Mon - 326-8920



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