

January 2017 Menu for Community Cafés, Meals on Wheels & 3D Catering

January 1, 2018

Monday

**Beef Goulash
with Elbow Macaroni**

Sliced Zucchini
Wheat Bread
Dessert

January 2, 2018

Tuesday

Pork Fried Rice
Shredded Pork Loin
Asian Vegetables
Wheat Bread

Dessert

January 3, 2018

Wednesday

Pasta Primavera
Green Beans
Wheat Bread
Dessert

January 4, 2018

Thursday

Sliced Turkey with Gravy
Mashed Potatoes
Peas and Carrots
Wheat Bread

Dessert

January 5, 2018

Friday

Chicken Picatta
Rice Pilaf
Green Beans and Cauliflower
Wheat Bread

Dessert

January 8, 2018

Monday

Chicken Florentine
Orange Flavored Rice
Carrots and Zucchini
Wheat Bread

Dessert

January 9, 2018

Tuesday

Baked Beans and Hot Dogs
Corn
Wheat Bread

Dessert

January 10, 2018

Wednesday

Turkey and Rice with Cheese Sauce
Corn and Black Beans
Wheat Bread

Dessert

January 11, 2018

Thursday

**Salisbury Steak
with Onion Gravy**
Spinach Mashed Potatoes
Wheat Bread

January 12, 2018

Friday

Shells and Cheese
Peas
California Vegetable Blend
Wheat Bread

Dessert

January 15, 2018

Monday

Chicken Pot Pie
Broccoli Cuts
Wheat Bread
Dessert

January 16, 2018

Tuesday

**Spaghetti
with Italian Turkey Sausage**
Sliced Zucchini and Spinach
Wheat Bread

Dessert

January 17, 2018

Wednesday

Orange Glazed Chicken
Fried Rice
Peas and Cauliflower
Wheat Bread

Dessert

January 18, 2018

Thursday

Pork With Apple Onion Sauce
Cranberry and Lentil Rice
Caribbean Blend Vegetables
Wheat Bread

Dessert

January 19, 2018

Friday

**Meatballs with Stout
and Mustard Thyme Sauce**
Vegetable Blend
Wheat Bread

Dessert

January 22, 2018

Monday

Pulled Pork
Mashed Sweet Potatoes
Corn
Wheat Bread

Dessert

January 23, 2018

Tuesday

**Creamy Chicken
and Wild Rice Casserole**
Carrots & Broccoli
Wheat Bread

Dessert

January 24, 2018

Wednesday

Cheese and Beef Macaroni
Mixed Vegetables
Wheat Bread

Dessert

January 25, 2018

Thursday

Pineapple Teriyaki Chicken
Brown Rice
Peas
Carrots

Dessert

January 26, 2018

Friday

Sweet and Sour Meatballs
Sesame Vegetable Rice
Green Beans
Wheat Bread

Dessert

January 29, 2018

Monday

Chicken Picatta
Rice Pilaf
Green Beans and Cauliflower
Wheat Bread

Dessert

January 30, 2018

Tuesday

**Beef Goulash
with Elbow Macaroni**
Sliced Zucchini
Wheat Bread

Dessert

January 31, 2018

Wednesday

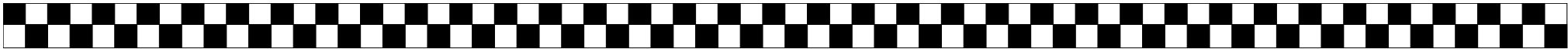
Pork Fried Rice
Shredded Pork Loin
Asian Vegetables
Wheat Bread

Dessert

Suggested donation of \$4.00 for age 60 and older Community Café AND Meals on Wheels clients. Additional donations are greatly appreciated.

SEATING AT COMMUNITY CAFES IS BY RESERVATION ONLY. PLEASE SEE BACK FOR RESERVATION PHONE NUMBER

EAAA Community Cafes. Please call for a reservation by 9 am the day prior.



BUCKSPORT - Bucks Mills
Rod & Gun — Thursdays
469-2388
CLOSED NOV-MAR

DOVER - Morton Ave.
School
Mon - 943-2488

JONESPORT - Gaelic
Square Apartments
Tues & Thurs - 497-5689

MILO - 52 Sargent Hill
Drive, Milo
1st Wed of each month
943-2488

CALAIS - Palmer Lane Est.
Mon, Wed - 454-2215

FRANKLIN - Pinebrook
Apts.
Tues - 565-3382

LAMOINE - Baptist
Church
1st and 3rd Wed
669-6395

NEWBURGH -
Newburgh Town Hall
3rd. Wednesday 6 PM
356-1528

CORINNA - Corundel
Commons
Tues - 924-2040

GREENVILLE - Dean Park
Housing
Tues & Thurs - 695-3844

LINCOLN - Lake View
Senor Apartments
Mon, Wed & Fri
403-7300

PATTEN - Patten
Pentecostal
Last Monday of each
month - 548-2641

DEXTER - Dexter Town Hall
Community Center
Tues & Thurs - 924-3458

BROOKSVILLE—
Townhouse
Thurs—326-8864

LUBEC - Sunrise Apts.
Tues & Thurs - 454-2215

PENOBSCOT -Methodist
Church
Mon - 326-8920

MACHIAS -Centre Street
Congregational Church
Tuesday - 255-6665



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