

# April 2017 Menu for Community Cafés, Meals on Wheels & 3D Catering

## JMF

**April 3, 2017**

**Monday**

**Chicken Florentine**  
Orange Flavored Rice  
Carrots and Zucchini  
Wheat Bread  
Dessert

**April 4, 2017**

**Tuesday**

**Turkey and Rice with Cheese Sauce**  
Corn and Black Beans  
Wheat Bread  
Dessert

**April 5, 2017**

**Wednesday**

**Chicken with Red Wine and Herb Sauce**  
Lyonnaisse Potatoes  
Sliced Zucchini  
Wheat Bread  
Dessert

**April 6, 2017**

**Thursday**

**Beef and Cabbage Rolls**  
Diced Red Skin Potatoes  
Peas and Carrots  
Wheat Bread  
Dessert

**April 7, 2017**

**Friday**

**Shells and Cheese**  
Peas  
California Vegetable Blend  
Wheat Bread  
Dessert

**April 10, 2017**

**Monday**

**Pork With Apple Onion Sauce**  
Cranberry and Lentil Rice  
Caribbean Blend Vegetables  
Wheat Bread  
Dessert

**April 11, 2017**

**Tuesday**

**Fish Newburg**  
Mashed Potatoes  
Peas and Carrots  
Wheat Bread  
Dessert

**April 12, 2017**

**Wednesday**

**Sliced Ham and Pineapple**  
Mashed Sweet Potatoes  
Corn  
Dessert

**April 13, 2017**

**Thursday**

**Spaghetti with Italian Turkey Sausage**  
Sliced Zucchini and Spinach  
Wheat Bread  
Dessert

**April 14, 2017**

**Friday**

**Orange Glazed Chicken**  
Fried Rice  
Peas and Cauliflower  
Wheat Bread

**April 17, 2017**

**Monday**

**Pineapple Teriyaki Chicken**  
Brown Rice  
Peas  
Carrots  
Dessert

**April 18, 2017**

**Tuesday**

**Creamy Chicken and Wild Rice Casserole**  
Carrots and Broccoli  
Wheat Bread  
Dessert

**April 19, 2017**

**Wednesday**

**Pulled Pork**  
Mashed Sweet Potatoes  
Corn  
Wheat Bread  
Dessert

**April 20, 2017**

**Thursday**

**Sweet and Sour Meatballs**  
Sesame Vegetable Rice  
Green Beans  
Wheat Bread  
Dessert

**April 21, 2017**

**Friday**

**Cheese and Beef Macaroni**  
Mixed Vegetables  
Wheat Bread  
Dessert

**April 24, 2017**

**Monday**

**Beef Goulash with Elbow Macaroni**  
Sliced Zucchini  
Wheat Bread  
Dessert

**April 25, 2017**

**Tuesday**

**Pork Fried Rice**  
Shredded Pork Loin  
Asian Vegetables  
Wheat Bread  
Dessert

**April 26, 2017**

**Wednesday**

**Pasta Primavera**  
Green Beans  
Wheat Bread  
Dessert

**April 27, 2017**

**Thursday**

**Chicken and Scalloped Potatoes**  
Peppers, Onions and Turkey Bacon  
Wheat Bread  
Dessert

**April 28, 2017**

**Friday**

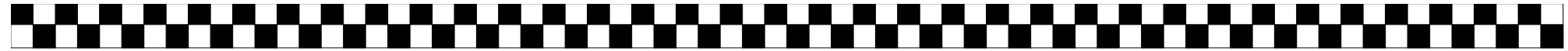
**Chicken Picatta**  
Rice Pilaf  
Green Beans and Cauliflower  
Wheat Bread  
Dessert

Suggested donation of \$4.00 for age 60 and older Community Café AND Meals on Wheels clients. Additional donations are greatly appreciated.

SEATING AT COMMUNITY CAFES IS BY RESERVATION ONLY. PLEASE SEE BACK FOR RESERVATION PHONE NUMBER

Community Cafe' Menus are likely to differ. Please call your local cafe' (see back) for planned menu.

**EAAA Community Cafes. Please call for a reservation by 9 am the day prior.**



**BUCKSPORT** - Bucks Mills  
Rod & Gun — Th - 469-2388  
CLOSED NOV-MAR

**DOVER** - Morton Ave.  
School  
Mon - 943-2488

**JONESPORT** - Gaelic  
Square Apartments  
Tues & Thurs - 497-5689

**MILO** - 52 Sargent Hill  
Drive, Milo  
1st Wed of each month  
943-2488

**CALAIS** - Palmer Lane Est.  
Mon, Wed & Fri - 454-2215

**FRANKLIN** - Pinebrook  
Apts.  
Tues - 565-3382

**LAMOINE** - Lamoine  
Baptist Church  
1st and 3rd Wed  
669-6395

**NEWBURGH** -  
Newburgh Town Hall  
3rd. Wednesday 6 PM  
356-1528

**CORINNA** - Corundel  
Commons —  
Tues - 924-2040

**GREENVILLE** - Dean Park  
Housing  
Tues & Thurs - 695-3844

**LINCOLN** - Lake View  
Senor Apartments  
Mon, Wed & Fri -  
403-7300

**PATTEN** - Patten  
Pentecostal - Last  
Monday of each month  
- 548-2641

**DEXTER** - Dexter Town Hall  
Community Center  
Tues & Thurs - 924-3458

**LUBEC** - Sunrise Apts.  
Tues & Thurs - 454-2215

**PENOBSCOT** -  
Methodist Church  
Mon - 326-8920

**MACHIAS** - Centre Street  
Congregational Church -  
Tuesday - 255-6665



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