

November 2017 Menu for Community Cafés, Meals on Wheels & 3D Catering

JMF

November 1, 2017

Wednesday

**Garden Vegetable
Cheese Ravioli**
Mixed Vegetables
Wheat Bread
Dessert

November 2, 2017

Thursday

Cheese and Beef Macaroni
Mixed Vegetables
Wheat Bread
Dessert

November 3, 2017

Friday

Pineapple Teriyaki Chicken
Brown Rice
Peas
Carrots
Dessert

November 6, 2017

Monday

Chicken Picatta
Rice Pilaf
Green Beans and Cauliflower
Wheat Bread
Dessert

November 7, 2017

Tuesday

Sliced Turkey with Gravy
Mashed Potatoes
Peas and Carrots
Wheat Bread
Dessert

November 8, 2017

Wednesday

Pork Fried Rice
Shredded Pork Loin
Asian Vegetables
Wheat Bread
Dessert

November 9, 2017

Thursday

Pasta Primavera
Green Beans
Wheat Bread
Dessert

November 10, 2017

Friday

Chicken and Scalloped Potatoes
Peppers, Onions and Turkey
Wheat Bread
Dessert

November 13, 2017

Monday

Chicken Florentine
Orange Flavored Rice
Carrots and Zucchini
Wheat Bread
Dessert

November 14, 2017

Tuesday

Turkey and Rice with Cheese Sauce
Corn and Black Beans
Wheat Bread
Dessert

November 15, 2017

Wednesday

**Chicken with Red Wine
and Herb Sauce**
Lynonnaise Potatoes
Sliced Zucchini
Wheat Bread
Dessert

November 16, 2017

Thursday

Beef and Cabbage Rolls
Diced Red Skin Potatoes
Peas and Carrots
Wheat Bread
Dessert

November 17, 2017

Friday

Shells and Cheese
Peas
California Veggie Blend
Wheat Bread
Dessert

November 20, 2017

Monday

Pork With Apple Onion Sauce
Cranberry and Lentil Rice
Caribbean Blend Vegetables
Wheat Bread
Dessert

November 21, 2017

Tuesday

Fish Newburg
Mashed Potatoes
Peas and Carrots
Wheat Bread
Dessert

November 22, 2017

Wednesday

Sliced Ham and Pineapple
Mashed Sweet Potato
Corn
Dessert

November 23, 2017

Thursday

Happy Thanksgiving!
Sliced Turkey
Mashed Potatoes
Stuffing
Peas
Squash
Cranberry Sauce
Wheat Bread
Pumpkin Pie

November 24, 2017

Friday

Orange Glazed Chicken
Fried Rice
Peas and Cauliflower
Wheat Bread
Dessert

November 27, 2017

Monday

Pineapple Teriyaki Chicken
Brown Rice
Peas
Carrots
Dessert

November 28, 2017

Tuesday

**Creamy Chicken
and Wild Rice Casserole**
Carrots and Broccoli
Wheat Bread
Dessert

November 29, 2017

Wednesday

Pulled Pork
Mashed Sweet Potatoes
Corn
Wheat Bread
Dessert

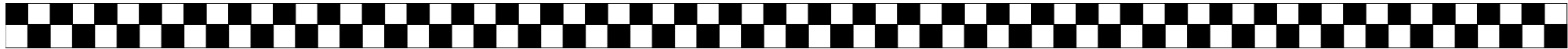
November 30, 2017

Thursday

Sweet and Sour Meatballs
Sesame Vegetable Rice
Green Beans
Wheat Bread
Dessert

Suggested donation of \$4.00 for age 60 and older Community Café AND Meals on Wheels clients. Additional donations are greatly appreciated.
SEATING AT COMMUNITY CAFES IS BY RESERVATION ONLY. PLEASE SEE BACK FOR RESERVATION PHONE NUMBER

EAAA Community Cafes. Please call for a reservation by 9 am the day prior.



BUCKSPORT - Bucks Mills
Rod & Gun — Thursdays
469-2388
CLOSED NOV-MAR

CALAIS - Palmer Lane Est.
Mon, Wed - 454-2215

CORINNA - Corundel
Commons
Tues - 924-2040

DEXTER - Dexter Town Hall
Community Center
Tues & Thurs - 924-3458

DOVER - Morton Ave.
School
Mon - 943-2488

FRANKLIN - Pinebrook
Apts.
Tues - 565-3382

GREENVILLE - Dean Park
Housing
Tues & Thurs - 695-3844

BROOKSVILLE—
Townhouse
Thurs—326-8864

JONESPORT - Gaelic
Square Apartments
Tues & Thurs - 497-5689

LAMOINE - Baptist
Church
1st and 3rd Wed
669-6395

LINCOLN - Lake View
Senor Apartments
Mon, Wed & Fri
403-7300

LUBEC - Sunrise Apts.
Tues & Thurs - 454-2215

MACHIAS -Centre Street
Congregational Church
Tuesday - 255-6665

MILO - 52 Sargent Hill
Drive, Milo
1st Wed of each month
943-2488

NEWBURGH -
Newburgh Town Hall
3rd. Wednesday 6 PM
356-1528

PATTEN - Patten
Pentecostal
Last Monday of each
month - 548-2641

PENOBSCOT -
Methodist Church
Mon - 326-8920



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