



# M.O.O.V

PENOBSCOT THRIVING IN PLACE  
MILFORD · OLD TOWN · ORONO · VEAZIE

## **Do you, or someone you know, need information about?**

- Transportation
- Housing
- Finding a primary care doctor
- Caregiver support
- Social activities
- Finding food resources
- Paying for Prescriptions



To find out more information, contact  
Ronda Savage, LCPC-C, at 827-6128 ext 1485  
or email [rsavage@pchc.com](mailto:rsavage@pchc.com)  
or call Eastern Area Agency on Aging  
at 941-2865



## The MOOV Penobscot TiP can:

- Address the needs of older adults, caregivers and adults living with chronic conditions
- Connect primary care and community resources
- Work to lessen isolation through neighbor-to-neighbor connections
- Educate on falls prevention, entitlement programs and management of chronic conditions



## Mission Statement:

The MOOV Penobscot Thriving in Place Project improves the lives of adults and caregivers in the towns of Milford, Orono, Old Town and Veazie by connecting them to primary care and community based resources which help them to remain and thrive in their community.

