Maine Senior College membership is required to enroll in courses. Courses are filled in order of registration fee receipt. See registration form inside.

Spring 2019

Course Catalog & Information

Schedule of Classes

Classes Start the week of MARCH 25

Classes are held in the mornings and the afternoons.

Deadline to enroll: March 15

Enroll Now!

Maine Senior College membership is required to enroll in courses. Courses are filled in order of registration fee receipt. See registration form inside.
All Senior College class registrations are accepted in the order they are received and must be accompanied by a check. Some classes fill quickly, so send your registration early. Catalogs are sent first to Senior College members, and then to others on the mailing list.

As a member of Senior College you are entitled to take classes at other locations in the Maine Senior College Network (www.maineseniorcollege.org). Please register promptly to facilitate the ordering of books and the reservation of classrooms.

Confirmation of your class assignment, with the room number, will be sent one or two weeks prior to the beginning of the semester.

If you have questions about how to register for a course, please call our message phone. Someone will call you back.

If you have a class at the University of Maine in Orono, a parking pass will be mailed to you prior to the start of your course. Failure to use the permit may result in a parking ticket. No permit is required at UMA-Bangor or other sites.

Partial scholarships are available. Contact us for an application at 992-0118.

If the weather is inclement, check local TV stations or call our message line 992-0118 to see if classes have been canceled.

If special accommodations are required to participate in programming due to a disability, call the message line 992-0118 at least a week before classes start.
Monday Classes:
MORNING CLASS:
Supreme Court: 101 Schoodic Hall, EMCC  
3/25-4/29 10 AM to noon
AFTERNOON CLASS:
The Nature of Reality: Media Room, Dirigo Pines—Orono  
3/25-4/29 1:30 PM to 3:30 PM

Tuesday Classes:
MORNING CLASS:
The Business of Shipping: 138 Eastport Hall  
3/26-4/30 10 A.M to noon
AFTERNOON CLASS:
Maine Behind the Postcards: Machias Savings Bank, Brewer, Community Room  
3/26-4/23 1:30PM -3:30PM  
Note: THIS IS A 5 WEEK COURSE

Wednesday Classes:
MORNING CLASS:
Maine’s Geology: 311 Shibles Hall, UMaine  
4/3-5/8 10am– noon

AFTERNOON CLASSES:
Maine in the Civil War: 105 Eastport Hall  
Note: THIS IS A 4 WEEK COURSE  
3/27-4/17 1:30PM– 3:30 PM
Sketchbook/Journaling: Garden Room, Dirigo Pines—Orono  
Note: THIS IS A 4 WEEK COURSE  
3/27-5/1 1:30PM –3:30 PM
Global Warming: Causes and Effects: Media Room, Dirigo Pines  
May 8 and May 15: 1:30 PM-3:30 PM  
( Field trip: Saturday, May 18)
Thursday Classes

**AFTERNOON CLASSES:**
Not if, But when… Solstice Senior Living– activity room
3/28-5/2 1:30-3:30

Getting the Most Out of Your iPhone/iPad (Level 1)
3/28-5/2 1:15-3:00 PM
Five weeks. (no class April 18) 217 Penobscot Hall EMCC

Getting the Most Out of Your iPhone/iPad (Level 2)
3/28-5/2 3:15-5 PM
Five weeks. (no class April 18) 217 Penobscot Hall EMCC

Friday Classes

**MORNING CLASS:**
Thistle, Shamrock and Rose: 311 Shibles Hall
UMaine
3/29-5/3 10 AM– Noon

**AFTERNOON CLASSES:**
The Republic of Bangor: 135 Eastport Hall
3/29-5/3 1:30PM - 3:30 PM

Documentary Film: 136 Eastport Hall
4/5-5/10 1:30 PM –3:30 PM (take note of dates)
The Current Supreme Court Term

Sol Goldman
101 Schoodic Hall
Eastern Maine Community College

Course Description: Does the Double Jeopardy clause stop the federal government from charging a defendant who has already been tried by a state government? Does the 14th Amendment “incorporate” the Bill of Rights protection against excessive fines? Is it Cruel and Unusual to execute a prisoner whose mental disability leaves him with no memory of his offense? Does the Establishment Clause allow government to maintain crosses that were put up to honor fallen soldiers? It’s not “Kennedy’s Court” anymore, and this year’s edition of the Current Supreme Court Term will explore what the new Court will decide about these questions and more.

Instructor: With a law degree from George Washington University, Sol Goldman has been a lawyer in Maine since 1980. He has taught a variety of law classes at Beal College, Husson University and the University of Maine since 1989. Penobscot Valley Senior College has had the good fortune to offer his talents in 2004, 2005 and every spring since 2007.
Course Description: What is the opposite of ‘real’? Actually, it has dozens of opposites: ‘fake’, ‘alternative’, ‘imaginary’, ‘artificial’, ‘apparent’, ‘GMO’, and many others. We’ll wade into this bog and see if we can find our way out on the other side. On the way, we’ll have a chance to talk about Chevrolet ads that feature real people (not actors), Hawkeye’s imaginary friend, the Turing Test for whether machines can think, phantom-limb pain, Magritte’s picture of a pipe that says it isn’t a pipe, oleomargarine, whether real men eat quiche, the buildings Escher draws, and St. Thomas Aquinas’s proofs for the existence of God. Nothing is required for this course except an unwavering and patient desire to make sense of the odd things we say and hear every day!

Instructor: According to him, Bob Tredwell was abandoned in babyhood and raised by squirrels. It has left him reluctant to believe things that are obvious to everyone else. In recent years, he has taught courses for senior college on the size of animals, code-breaking, why herring get caught in a trap with an open door, how we know the earth is round, and Rock-Paper-Scissors. In past lives, he wrote a dissertation on Immanuel Kant, taught philosophy, analyzed databases, and ran a government agency.
The Business of Shipping
Capt. Charles Weeks
138 Eastport Hall
UMA–BANGOR

Course Description: The course THE BUSINESS OF SHIPPING will cover topics such as: the difference between liner and tramp shipping, dry vs. wet cargo, bulk vs. breakbulk service, load centers vs. out ports, and control of the hinterland. In addition, the topic of care of cargo and liability and the difference between stevedores and longshoremen will be discussed.

Instructor: Captain Weeks grew up in Reading, Mass and graduated from high school there in 1960. He graduated from the Maine Maritime Academy in 1964 with a B.S. in Nautical Science, an ensign’s commission and a third mate’s license. He sailed for American Export Isbrandtsen line until 1972. Captain Weeks sailed on passenger ships, breakbulk freighters, container ships and the Nuclear Ship Savannah. He came ashore in 1972 and joined the faculty of Maine Maritime Academy in the Marine Transportation Department. Captain Weeks taught deck license subjects for the next 36 years.
Maine Behind the Postcards:  
Maine Writers Offer Another View

Judy Hakola  
Community Room  
Machias Savings Bank  
Brewer

Note: This 5 week course begins March 26 and Ends April 23

Course Description: The picture of Maine usually shown on postcards creates an idyllic impression of the state and its peoples that thoughtful Maine writers often challenge. Our readings in Maine Speaks and other sources will “complexify” that image, enabling us to develop a more accurate and insightful understanding of this place we live in and cherish. Discussion will be encouraged. Note: Maine Speaks is out of print but almost every library in the state has a copy. Please try to borrow one before the first class.

Instructor: Judy Hakola has taught Maine literature at the University of Maine for many years and has given presentations on Maine writers and related topics around the state. She is the current chair of the PVSC curriculum committee.
Maine’s Geology

Steve Norton
311 Shibles Hall
University of Maine

Course Description: The goal of the course is to expand students’ ability to see and understand more about what they observe in normal outdoor activities. Rocks tell stories. You will learn to read them better. This should enhance personal pleasure while walking through the woods and fields, and traveling by car, boat, or plane. You will become amateur earth historians.

Through lectures, discussions, and a few hands-on activities with minerals, rocks, and fossils, you will learn about how minerals and different types of rocks form, how geologists tell time, and how the Earth’s crust evolved. And closer to home, you will learn about Maine-related topics such as how the most recent glaciation impacted Maine, how Maine’s many lakes originated, how humans have influenced Earth’s atmosphere and specifically Maine’s climate.

NOTE: This course begins April 3 and ends May 8.

Instructor: Steve Norton joined the University of Maine’s Department of Geology (now the School of Earth and Climate Sciences) in 1968. Most of his career he was an environmental aqueous geochemist, specializing in the influence of humans and local geology on water quality. He taught entry-level course for 40 years and graduate courses in his specialty, and mentored many graduate students in their research programs. He retired in 2008 but continues to perform research and publish the results with graduate students and colleagues. It is still fun.
Maine in the Civil War

Ned and Diane Smith
105 Eastport Hall
UMA– BANGOR

Course Description: Classes will focus on various men and units from Maine in the US Civil War. Much of the material will be based on the books we have written which detail the actions of Joshua Lawrence Chamberlain, the Battle of Petersburg, the 22nd Maine Infantry, and the 2nd Maine Cavalry.

NOTE: This four-week course begins March 27 and ends April 17.

Instructors: Diane and Ned Smith are Civil War historians and authors who live in Holden, Maine. With 5 books between them currently in publication, and more on the way, they have been frequent speakers at historical societies and Civil War Roundtables around the country.
Sketchbook/Journaling: Fun and Easy
Kal Elmore
Garden Room, Dirigo Pines

Course Description: A look at artists’ sketchbooks reveals that sketchbooks have been used by artists to plan a composition, practice skills, record observations, experiment with ideas and materials, or illustrate one’s life. Sketchbooks can include photographs, keepsakes, mixed media drawings, and many other things, as well as text. Participants will explore many ways to use a sketchbook in response to a prompt, which might be an idea, a quote, a poem, or a song. Participants will experiment with many different processes and techniques, including; stenciling, collaging, lettering, drawing with different materials, stamping, etc. Participants are encouraged to bring their own favorite materials to use which should include at least a sketchbook (5 1/2 x 8 1/2 “, spiral bound with medium or heavyweight paper preferred) that is able to open easily and lay flat when open. It will also need to expand a bit as more things are added to the pages. Other materials include pencil, pen, eraser, Xacto knife, scissors, 12” ruler, self-healing mat (12x18” is a good size), and glue stick. The approximate cost of a notebook, cutting mat, and knife is less than $20.

NOTE: This four-week course begins March 27 and ends April 17

Instructor: Kal Elmore taught visual art at Bangor High School for 25 years. At Bangor High she served as Art Department Chair and K-12 Art Coordinator. For many years she has been active in arts advocacy, including helping to organize a regional group of art educators and working for the state art education organization. In recent years, Kal has been investing time in her own art work, focusing on printmaking, collage, and mixed media works. She has been teaching privately and has been offering a variety of classes through Bangor Adult Ed.
Global Warming: Causes and Effects
Hal Borns
Dirigo Pines
Media Room

NOTE: This course will be taught in May after the regular Spring term is over. It consists of two class meetings (Wednesdays, May 8 and 15, from 1:30 to 3:30) followed by an all-day field trip to the Cherryfield area to see evidence of the Ice Age as it marked Maine’s terrain. The road trip will be on Saturday, May 18. Transportation—probably car pooling or renting a van—will be arranged once registration is completed. There will likely be fee of $20.00 or so to cover transportation.

Course Description: The in-class presentations and discussions will cover the facts and causes, including human activities, of our current global warming. This factual record, which began with the Industrial Revolution, will be put in perspective of the past 800,000 year record of climate changes. We will then discuss the future situation if the present causes are allowed to continue with little or no change.

The field trip will examine one hemispheric-wide climate change as recorded in the glacial geological record of Down East Maine, a recent documentation by Univ. of Maine researchers. This will include atmospheric and ocean temperature changes as well as ongoing sea level rise in the Gulf of Maine.

Instructor: Harold W. Borns, Jr. Ph.D, Professor Emeritus of Glacial and Ice Age Geology, retired after 50 years of teaching at UMaine. His graduate training was at Boston and Yale Universities; post-Doctoral work was done at Univ. of Bergen, Norway and British Museum of Natural History. He is a Founding Director of the Climate Change Institute, Univ. of Maine; Director of Polar Glaciology for the U.S.; worked at the National Science Foundation for three years; and currently is a Senior Research Scientist in the Climate Change Institute.
THURSDAY AFTERNOON CLASSES
1:30-3:30 pm

Not if, But When…

Judy Tredwell

Activity Room
Solstice Senior Living
922 Ohio St
Bangor

Course Description: Many people will be affected by and/or par-
ticipate in your death. Doing well by them requires prepara-
tion. We will talk with experts about managing your death well. Topics will include: information your loved ones will need after you are gone; the difference between palliative care and hos-
pice; an overview of the legal documents you might need or want to use; a discussion of various funeral types available; and how to write your own obituary.

Instructor: Judy Tredwell taught Chemistry at the high school and community college level for 50 years. In her night life she worked and taught in the world of EMS for 30 years, until lifting a stretcher got to be too much. So on to over 20 years of Hospice work with almost 60 families to date. As an off-shoot of the Hospice work, she has been doing Bereavement Support for Parents Who Have Lost a Child and General Bereavement in the Bangor area for over 20 years.


**THURSDAY AFTERNOON CLASSES**  
1:15PM TO 3:00PM

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**Getting the Most out of your iPhone/iPad**  
*(Beginner level)*

Ed Brazee  
217 Penobscot Hall  
EMCC

**Course Description**: This course is for anyone interested in learning more about your iPhone and/or iPad. It is for beginners or those who haven’t used their devices much. Learn apps, features, icons of both devices; use every aspect of your iPhone/iPad; search to answer your tech questions; organize apps; use FaceTime, email, texting; use the Control Center; take/store/edit/share photos and videos...and much more! Lots of hands-on opportunities. We will answer any questions you have! Everyone needs an iPhone or iPad, preferably with iOS 12 installed. You will also need your Apple ID and Apple ID Password to access the App Store.  
If you have any questions or wonder if this class is right for you, please contact me at edbrazee@gmail.com or 207/576-8401.  
NOTE: This five-week course does not meet April 18.

**Instructor**: Ed Brazee is the founder and principal of BoomerTECH Adventures, which works with Boomers and Seniors who want to learn more about their personal technology (and impress their grandchildren)! BoomerTECH Adventures provides personal tutorials, offers a variety of workshops, and has its first online course, *The Wicked Good iPhone Intro Video Series.*
%THURSDAY AFTERNOON CLASSES
1:15PM TO 3:00PM

Learning MORE about Your IPhone/IPad
( Level 2)

Ed Brazee
217 Penobscot Hall
EMCC

Course Description: This course is for anyone already familiar with the basic functions of their iPhone and/or iPad. If you are comfortable knowing how most things work—email, text, photos, adding apps, searching —then Level 2 is for you. In this course we will: Focus on taking, editing, storing, and sharing photos; look at social media (Facebook, Instagram, and Twitter) to see how you might use it; explore apps that help organize your life and work, and; most importantly, answer any questions you bring to the course. Part of the first session will be to select additional areas of focus from your questions. Everyone needs an iPhone or iPad, with iOS 12 installed. You will also need your Apple ID and Apple ID Password to access the App Store.
Those who have taken the level 2 course before can still learn more useful and exciting things. If you have any questions about whether this course is right for you, please contact me at edbrazee@gmail.com or 207-576-8401.
NOTE: This five-week course does not meet April 18.

Instructor: Ed Brazee is the founder and principal of BoomerTECH Adventures, which works with Boomers and Seniors who want to learn more about their personal technology (and impress their grandchildren)! BoomerTECH Adventures provides personal tutorials, offers a variety of workshops, and has its first online course, The Wicked Good iPhone Intro Video Series.
Thistle, Shamrock and Rose: Folk Music of England, Scotland and Ireland

Lisa Feldman
311 Shibles Hall
UMaine

Course Description: For an art form confidently pronounced moribund (at best) by nineteenth century scholars, traditional British folk music has had a surprisingly lively history—not to mention a flourishing present. Aesthetically compelling, this music of, by, and for the common people also provides a unique perspective on social conditions and social change. Whether you’re an old folkie, have family roots in the British Isles, or love English literature, you’ll learn something new in this class—and along the way, listen to a lot of terrific music. To save on photocopying costs, course materials (song lyrics, etc.) will be emailed to students, who can read them online or print them out if they wish.

Instructor: Lisa Feldman has been listening to traditional folk music since her father took her to a lecture on “the role of folk music in anthropological study” in 1961.
The Republic of Bangor: Six New Views of Small City’s History

Tom McCord
135 Eastport Hall
UMA– Bangor

Course Description: Come explore the rich history of Bangor with historian Tom McCord and guest speakers. Each session will have a theme, a brief lecture, and a lot of discussion. We will consider everything from shopping and radio to the former presence and still lingering influence of the Air Force, a couple of political bosses, and a child’s view of Bangor. These sessions will be of interest to you whether you are a relative newcomer to the Queen City or grew up here.

Instructor: Tom McCord teaches the history of Maine at the University of Maine at Augusta. While earning his Ph.D. at the University of Maine, he was an assignment editor at the Bangor Daily News.
**Documentary Film**

Michael Grillo  
136 Eastport Hall  
UMA—Bangor

**Course Description:** *Documentary Film* will study the history of the genre, with an emphasis on relatively recent films that challenge traditional definitions of documentary, such as Sarah Polley’s *Stories We Tell*, from 2012. Films also under consideration also include Jenennie Livingstone’s *Paris is Burning*, 1990, Michael Chandler’s *Knee Deep*, 2007, Jeff Malmberg’s *Marwencol*, 2010, Jia Zhangke’s *24 City*, 2009, and Chad Garcia’s *The Russian Woodpecker*, 2015.

*Note: This course begins Friday, April 5, and ends Friday, May 10*

**Instructor:** Dr. Michael Grillo researches how historical audiences experienced fourteenth-century Italian painting, which has led him to ask like questions in contemporary film studies. He was one of the founders of River City Cinema and teaches courses grounded in the Camden Film Festival.
FUN AT
PENOBSCOT VALLEY SENIOR COLLEGE
***Important Notice***
Although there’s minimal personal risk in participating in a Senior College activity, all program participants will be required to sign a Release and Assumption of Risk Form to acknowledge you, and not Senior College or the UMaine System, are responsible for your own safety.
Penobscot Valley Senior College
2018-2019 Board of Directors

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Penobscot Valley Senior College is an all-volunteer organization. If you would like to be a part of the work we do, please leave a message at 992-0118 or email us at seniorcollege@aaa.org indicating your interests.
From all of us at PVSC:

Thank you for your interest in Penobscot Valley Senior College; where we enjoy Learning for the fun of it!
Please return this form and retain the course listing. **Registration deadline is March 15.** If there is space available, a member may register after the deadline, but a **late fee of $10** will be added to the tuition charge. No registrations or checks will be taken in class.

Name ________________________________

Address ________________________________

Phone ____________ Email __________________________

Please enroll me in the following classes:

___ The Current Supreme Court   Mondays, 10:00 –noon
___ The Nature of Reality...   Mondays, 1:30 - 3:30
___ The Business of Shipping   Tuesdays, 10:00 - noon
___ ME Behind the Post Cards...   Tuesdays, 1:30-3:30
___ Maine Geology   Wednesday, 10:00 - noon
___ Maine in the Civil War   Wednesdays, 1:30-3:30
___ Sketchbook/Journaling   Wednesdays, 1:30-3:30
___ Not if, But When...   Thursdays, 1:30-3:30
___ iPhone/iPad Level 1   Thursdays, 1:15-3:00
___ iPhone/iPad Level 2   Thursdays, 3:15-5:00
___ Thistle, Shamrock, and Rose   Fridays, 10:00-noon
___ The Republic of Bangor   Fridays, 1:30-3:30
___ Documentary Film   Fridays, 1:30-3:30
___ Global Warming  Wednesday: **5/8 and 5/15 1:30-3:30**

Yes, I am willing to be a classroom assistant __

**Your Annual Membership is PAID through June 30, 2019**

*If you are not a member but would like to join for the remainder of the fiscal year the cost is $15; your membership will be valid until June 30, 2019.*

Amount due for courses at $30 per course

$___________

Make checks payable to PVSC, mail to PVSC, 450 Essex St., Bangor, ME 04401
Registration for spring classes is first come, first served. Registrations are accepted by mail with the payment of fees – see enclosed registration form. **Registration deadline is March 15, 2019.**

If you have questions, call our message phone at 992-0118.