

# Menu for Community Cafes, Meals on Wheels & Doorstep Dining



March 2020  
Millinocket Area

**March 2 2020**

**Monday**

**Spaghetti**  
Meat Sauce  
Green Salad  
Garlic Bread  
Fruit  
Cake

**March 3 2020**

**Tuesday**

**Turkey Stew**  
Dumplings  
Fruit  
Roll  
Jell-O Salad

**March 4 2020**

**Wednesday**

**Pepper Steak**  
Mashed Potato  
Green Beans  
Fruit  
Roll  
Pie

**March 5 2020**

**Thursday**

**Pizza Deluxe**  
Garden Salad  
Fruit  
Pudding

**March 6 2020**

**Friday**

**Baked Haddock**  
Mashed Potato  
Broccoli  
Fruit  
Roll  
Blueberry Crisp

**March 9 2020**

**Monday**

**Pork Pot Pie**  
Warm Biscuit  
Fruit  
Strawberry Short Cake

**March 10 2020**

**Tuesday**

**Seafood Bake**  
Mashed Potato  
Sweet Peas  
Fruit  
Roll  
Pudding Pie

**March 11 2020**

**Wednesday**

**Chicken Parmesan**  
Spaghetti  
Green Salad  
Garlic Bread  
Fruit  
Watergate Salad

**March 12 2020**

**Thursday**

**Cheese Burger Deluxe**  
Potato Salad  
Cole Slaw  
Fruit  
Pudding

**March 13 2020**

**Friday**

**Fisherman's Pie**  
Sweet Peas  
Fruit  
Roll  
Jell-O

**March 16 2020**

**Monday**

**Turkey Pot Pie**  
Warm Biscuit  
Fruit  
Orange Whip



**March 17 2020**

**Tuesday**

**Boiled Ham**  
Potatoes  
Cabbage, Carrots  
Fruit  
Roll  
Ice Cream

**March 18 2020**

**Wednesday**

**Chuck Wagon Beans**  
Potato Salad  
Cole Slaw,  
Fruit  
Roll  
Whoopi Pie

**March 19 2020**

**Thursday**

**Hot Dogs**  
Macaroni Salad  
Cole Slaw  
Fruit  
Birthday Cake

**March 20 2020**

**Friday**

**Fish Chowder**  
Garden Salad  
Fruit  
Roll  
Pudding

**March 23 2020**

**Monday**

**Yankee Pork Roast**  
Mashed Potatoes  
Carrots  
Fruit  
Roll  
Bread Pudding

**March 24 2020**

**Tuesday**

**Lasagna**  
Green Salad,  
Garlic Bread  
Fruit  
Jell-O Fruit Salad

**March 25 2020**

**Wednesday**

**Baked Turkey**  
Mashed Potato  
Squash  
Fruit  
Roll  
Pumpkin Pie

**March 26 2020**

**Thursday**

**Corn Chowder**  
Cottage Cheese  
Mandarin Orange  
Frozen Yogurt

**March 27 2020**

**Friday**

**Baked Haddock**  
Mashed Potato  
Green Beans  
Fruit  
Roll  
Chocolate Pie

**March 30 2020**

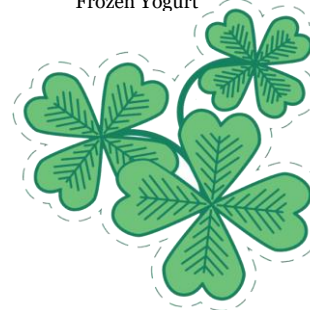
**Monday**

**Meat Loaf**  
Baked Potato  
Sweet Peas  
Fruit  
Roll  
Jell-O Fruit Salad

**March 31 2020**

**Tuesday**

**Rigatoni**  
Green Salad  
Garlic Bread  
Fruit  
Cake



Suggested donation of \$4.00 for age 60 and older Community Café AND Meals on Wheels clients. Additional donations are greatly appreciated.  
SEATING AT COMMUNITY CAFES IS BY **RESERVATION ONLY**. PLEASE SEE BACK FOR RESERVATION PHONE NUMBER

# Happy St. Paddy's Day from Eastern Area Agency on Aging!

Eastern Area Agency on Aging Community Cafés

Saint Patrick's Day

Penobscot		Piscataquis	Hancock	Washington
<b>BANGOR--All Souls Congo Church</b> 10 Broadway Mon, Wed & Fri--noon 404-5848	<b>DEXTER-- Dexter</b> The Gathering Main St., Dexter Tues & Thurs-noon-924-3458	<b>DOVER--The Commons</b> 162 E. Main St., Dover Weds-11:30 343-3018	<b>FRANKLIN-- Pinebrook Apts.</b> 10 Pinebrook Rd Tues--noon 565-3382	<b>CALAIS -- Palmer Lane Est.</b> 72 Palmer Lane, Thurs 11:30 454-2215
<b>BREWER--Heritage Colonial Circle</b> Ste 1 Wed & Fri- noon 404-5847	<b>MILLINOCKET-- Stearns Senior Center</b> Monday thru Friday -- 11:30 723-2045	<b>MILO -- 3 River's Kiwanis Bldg.</b> Tues-- 11:45 943-2488	<b>PENOBSCOT-- 1st Methodist Church</b> 14 Southern Bay Rd (Rt175) Mon-11:30 326-9488	<b>MACHIAS-- Bluebird Restaurant</b> - Dine Around Site - 78 Main Street 3 <sup>rd</sup> Mon of each month-- 11:30 454-2215
<b>HAMPDEN--Kiwanis Civic Center</b> 1245 Main St. Thurs 11:30 862-5668			<b>BROOKSVILLE--Townhouse</b> Coastal Rd Thurs noon 326-8864	<b>LUBEC-- Sunrise Apts.</b> 5 Emery Circle Tues & Thurs -- 11:30 454-2215
			<b>ELLSWORTH--Meadow View Apartments</b> 25 Tweedie Lane Weds -- 11:30am 356-8949	<b>MEDDYBEMPS-- Community Center.</b> 849 Main St, third Tuesday-- noon 454-2215
			<b>ELLSWORTH--Friends in Action 5</b> General Moore Way Tues & Thurs. -- Noon 664-6016	

Updated 2/20/2020

CLOVER  
HORSESHOE  
LEPRECHAUN  
PATRICK  
SHAMROCK  
GOLD  
IRELAND  
LUCKY  
RAINBOW  
GREEN  
IRISH  
MARCH  
SAINT



C G Z I A F L D K B U Z B Y Q  
C X A O A I P C L R T S O M A  
Q E T H P B O A X U T N Q G G  
E A N Y A R I Z Q N I W I C R  
O P N U M R A I N B O W L A G  
H P A A A F C D F W Y O I H S  
S T H T H H S G B J V W C V P  
E S Q U R G C B O E B R F Z B  
S A Z E E I S E R L A E E I X  
R N E E R G C Y R M D P F R D  
O Y Y E N H Q K F P K C G E J  
H C O K Q I X C I D E H Z L R  
R B S Q O K C U G L S L K A Z  
I R I S H V E L J M L E Z N V  
A D L Q G K B Y F J X Q U D A

Interested in being featured on our menu?  
Your business advertisement could be here!  
Call us at 207-941-2865 for more

Serving your personal and business banking needs

Community Banking at its Best! Since 1918.

KatahdinTrust.com

MEMBER FDIC EQUAL HOUSING LENDER

**Kiley & Foley Funeral Service**

69 STATE STREET BREWER, MAINE 04412 (207) 989-3311

299 UNION STREET BANGOR, MAINE 04401 (207) 942-0392

www.kileyandfoley.com



**WELCOME HOME!**

*Winterberry Heights*  
Assisted Living & Memory Care  
932 Ohio St., Bangor, ME 04401

**Winterberry Heights feels like home, with the additional services you need!**

**Monthly rent includes:**  
Three delicious, chef-prepared daily meals;  
24-hour caring health staff; safety call system in every suite; weekly housekeeping/linen service; scheduled local transportation; planned activities, and so much more!

**Call now for your complimentary meal & personal tour! 207-942-6002**