

# Home Delivered Meals

Home-delivered Meals are available throughout Penobscot, Washington, Hancock, and Piscataquis Counties. Eligibility requirements are:

- ✧ Age 60 or older
- ✧ Under 60 with a disability or living with someone 60 or older
- ✧ Must be homebound by reason of illness or practicing social distancing due to the COVID-19 emergency

**Meals Include:**  
**7 meals per week**  
**Small loaf of bread**  
**Milk**  
**Dessert**

Meals are delivered weekly or biweekly depending on where you live.  
Pickup option available at sign up

Suggested donation is \$5 per meal or \$35 per week



Meatballs with Stout & Mustard Thyme Sauce



Beef Goulash



**EASTERN AREA  
AGENCY ON AGING**

Call EAAA for more information at 941-2865 or Toll Free 1-800-432-7812

[www.eaaa.org](http://www.eaaa.org)